

# ***Draw the Line/Respect the Line Table of Contents***

## **Grade 6 Lessons**

### **Lesson 1: Draw the Line/Respect the Line**

Students experience the concept of "drawing the line" by participating in a game of Simon Says. Students complete an individual activity to personalize the concept of drawing the line.

### **Lesson 2: Steps for Drawing the Line—Part 1**

Students brainstorm strategies and analyze roleplays to identify ways to tell someone where they draw the line (e.g., say "No, I don't...", use strong body language, use a commanding voice, repeat the limit).

### **Lesson 3: Steps for Drawing the Line—Part 2**

Students review and practice the steps for drawing the line by roleplaying in pairs.

### **Lesson 4: The Roleplay Challenge**

This lesson provides review and practice of the first 2 steps for drawing the line, and introduces 2 new strategies: changing the subject and walking away.

### **Lesson 5: Friends Respect the Line**

The concept of respecting the line is introduced using roleplays. Students discuss the idea that friends do not persist in pressuring because it demonstrates a lack of respect. They practice ways to respect the line.

## **Grade 7 Lessons**

### **Lesson 1: Welcome**

Students review what they know or have learned about drawing the line and receive an overview of the seventh-grade lessons. They read a story about middle school students in a pressure situation and discuss what can make it difficult to draw the line.

### **Lesson 2: Reasons for Not Having Sex**

This lesson uses a story to help make the consequences of having sex or not having sex more real and immediate to students. Students write their own endings to a story about 2 teens who have sex. They discuss possible consequences, then rewrite the ending assuming the teens did not have sex.

### **Lesson 3: Handling Risky Situations**

Students identify situations that could lead to sex and ways to get out of these situations. They also identify factors, such as embarrassment or not wanting to be different, that could make it difficult for them to get out of such situations.

### **Lesson 4: Drawing the Line in Situations That Could Lead to Sex**

Students review steps for drawing the line and practice refusal skills using half-scripted roleplays.

### **Lesson 5: STD Facts**

Students learn the common symptoms of STD. They read a story in which a young couple learns they have an STD, then discover what they need to do to prevent its spread. The story promotes choosing abstinence to avoid the problems caused by STD.

## ***Draw the Line/Respect the Line Table of Contents (continued)***

### **Lesson 6: STD and Relationships**

Students participate in a talk show activity and roleplays to provide advice to other teens on how to draw the line in sexual pressure situations.

### **Lesson 7: Making a Commitment**

Students complete a worksheet in which they apply the skills of avoiding risky situations, drawing the line, and respecting someone else's line.

## **Grade 8 Lessons**

### **Lesson 1: HIV and Teens**

Students read the personal story of a young woman affected by HIV/AIDS. They then make personal promises about how they will draw the line to reduce their risk for HIV, other STD and unplanned pregnancy.

### **Lesson 2: Draw the Line Challenge**

Students participate in the Draw the Line Challenge Game, designed to review and present important information about how to prevent HIV and other STD.

### **Lesson 3: Difficult Moments**

Students examine difficult moments and discuss emotions, situations or thoughts that can make it hard to stick with their limits.

### **Lesson 4: Sticking to Your Limit**

Students review and use roleplays to practice ways to stick with their limits. They complete a worksheet and write questions for the speaker (a person with HIV) to address during the next lesson.

### **Lesson 5: Talking with a Person Who Has HIV**

A guest speaker shares his or her experiences living with HIV. A question-and-answer period follows. Students examine how their feelings and attitudes have changed as a result of the presentation by completing a homework assignment.

### **Lesson 6: Reduce Your Risk**

Students discuss which methods of protection are effective for preventing HIV, other STD and pregnancy. The teacher demonstrates the proper use of condoms and reviews important facts about condoms. Students work in small gender-specific groups to identify "do's and don'ts" of condom use.

### **Lesson 7: Staying Safe**

Students identify an image that can help them stick to their limit when they are tempted to cross the line. They also evaluate their personal limit with respect to how much it will protect them from HIV, other STD and pregnancy.