

Date: _____

**Promoting Health Among Teens!
(PHAT) Abstinence Only
Curriculum Log Sheets**

FOR FACILITATORS

This packet contains 8 curriculum log sheets. Please complete the log sheet appropriate for each module that you implement. These log sheets tell us how much of the module you completed. The information that you provide will help us to improve the program. If you wish to comment on any questions or explain your answers, please feel free to write in the space in the margins. Your comments will be read and taken into account.

NAME: _____

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Instructions: For each activity, indicate whether the activity was fully completed, partially completed, or not done at all. Place a check in the appropriate column.

Module 1 – Getting to Know You & Steps to Making Your Dreams Come True

ACTIVITY	NOT DONE	PARTIALLY COMPLETED	FULLY COMPLETED
A. Welcome and Program Overview			
B. Talking Circle			
C. Creating Group Agreements			
D. PHAT! Be Proud! Be Responsible! Brainstorm			
E. Brainstorming About Teens and Sex			
F. Goals and Dreams Timeline			
G. Brainstorming Obstacles to Your Goals and Dreams			

Did you add anything that was not a part of this module as written in the manual? ₁ No ₂ Yes

If yes, please describe what you added:

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Module 2 – Puberty & Adolescent Sexuality

ACTIVITY	NOT DONE	PARTIALLY COMPLETED	FULLY COMPLETED
A. Understanding Reproductive Anatomy (DVD and Discussion)			
B. Understanding Messages About Sex			
C. How Do People Express Themselves Sexually Without Having Sex?			
D. Benefits of Sex/ Benefits of Abstinence			

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Module 3 – Making Abstinence Work for Me

ACTIVITY	NOT DONE	PARTIALLY COMPLETED	FULLY COMPLETED
A. What You Need to Make Abstinence Work for You			
B. Attitudes About Abstinence			
C. STOP, THINK, & ACT: Introduction to Problem Solving			
D. Jess and Dylan Case Study: Problem Solving Using STOP, THINK & ACT			
E. Trying to Slow Down: Understanding Partner Pressure			

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Module 4 – The Consequences of Sex: HIV Infection

ACTIVITY	NOT DONE	PARTIALLY COMPLETED	FULLY COMPLETED
A. Discussing HIV/AIDS (Video & Discussion)			
B. The AIDS Basketball Game			
C. Homework Assignment			
D. Homework Roleplays			
E Talking Circle			

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Module 5 – Consequences of Sex: STD Infection

ACTIVITY	NOT DONE	PARTIALLY COMPLETED	FULLY COMPLETED
A. Welcome and Talking Circle			
B. Homework Assignment Review			
C. Sexually Transmitted Diseases (Brainstorm and Discussion or DVD)			
C. (Alternate) DVD: <i>The Subject Is STDs</i> (Abstinence Version)			
D. Don't Pass it Along (The Transmission Game)			

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Module 6 – Consequences of Sex: Pregnancy

ACTIVITY	NOT DONE	PARTIALLY COMPLETED	FULLY COMPLETED
A. Myths and Facts About Pregnancy			
B. <i>Tanisha & Shay</i> DVD			
C. Nat Next Door			
D. Responding to Peer Pressure			

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Module 7 – Improving Sexual Choices & Negotiation

ACTIVITY	NOT DONE	PARTIALLY COMPLETED	FULLY COMPLETED
A. Knowing and Setting Sexual Limits			
B. Getting Out of a Risky Sexual Situation			
C. Calling Koko			
D. Keisha and John – A Love Story			

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Module 8 – Roleplays: Refusal and Negotiation Skills

ACTIVITY	NOT DONE	PARTIALLY COMPLETED	FULLY COMPLETED
A. Introduction to S.T.O.P.			
B. Practicing S.T.O.P.: Scripted Role-Plays:			
C. Strengthening Negotiation Skills: Unscripted Roleplays			
D. Closing Activity- Letter to Myself			
E. Talking Circle			

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