

Table of Contents

Acknowledgments	vii
FACILITATOR'S GUIDE	
Introduction	1
Overview of the Curriculum	3
• Curriculum Components and Format	7
• Theoretical Framework	10
• Unique Features of the <i>Making Proud Choices!</i> Curriculum	12
• Evaluation of the Curriculum	13
• Behavioral Findings	14
Facilitator Information	15
• Curriculum Teaching Strategies	15
• General Tips for Preparing to Implement the Curriculum	23
CURRICULUM	
Module 1: Getting to Know You and Steps to Making Your Dreams Come True	31
Module 2: A Possible Outcome of Unprotected Sex: HIV Infection	55
Module 3: Attitudes About Sex, HIV and Condom Use	75
Module 4: Strategies for Preventing HIV Infection: Stop, Think and Act	91
Module 5: Possible Outcomes of Unprotected Sex: STIs	109
Module 6: A Possible Outcome of Unprotected Sex: Pregnancy	135
Module 7: Developing Condom Use and Negotiation Skills	163
Module 8: Enhancing Refusal and Negotiation Skills	195

APPENDIXES

Appendix A: Additional Activities	227
• Additional Roleplay Situations/Safer Sex	228
• HIV/STI Jeopardy	233
• HIV/STI Survivor	241
• Puberty and Adolescent Sexual Development Discussion	249
• Healthy Relationships	255
• Is Sexting OK?	260
• Understanding Sexual Identity	266
• Understanding Messages About Sex	275
Appendix B: Supplemental Background Information	279
• Information About HIV	280
• Sexually Transmitted Infection (STI)	289
• Contraceptive Methods	299
• Drugs and Their Effect on Sexual Responsibility	312
Appendix C: Group Management Problems and Strategies	323
Appendix D: Supporting a Trauma-Informed Approach to Sexuality Education	329
Appendix E: FAQ/Glossary	337